

A TORSO

TO MEASURE THE TORSO, START FROM THE TOP OF THE SHOULDER WHERE SINGLET STRAP WOULD SIT AND DOWN THROUGH THE GUSSET BETWEEN THE LEGS AND UP OVER THE BACK TO CREATE AN ENTIRE TORSO LOOP. IF YOU'RE A TALLER THAN AVERAGE GYMNAST, WE RECOMMEND YOU BASE YOUR SINGLET SIZE MAINLY FROM THIS MEASUREMENT

B | CHEST

MEASURED JUST BELOW THE ARMPITS; TAKE THE ENTIRE CIRCUMFERENCE OF THE CHEST, TAKING A SHORT BREATH AND ARMS DOWN. IF YOUR A STOCKIER GYMNAST WE RECOMMEND YOU BASE YOUR SIZE SINGLET MAINLY FROM THIS MEASUREMENT

C WAIST / HIP

WRAP THE TAPE MEASURE AROUND YOUR HIP AT THE POINT WHERE THE WAISTBAND ON YOUR SHORTS OR PANTS WILL BE WHEN WORN; MEASURE THE ENTIRE CIRCUMFERENCE. NOTE OUR SHORTS AND PANTS ARE ELASTICATED AND HAVE DRAWSTRINGS TO FIT VARIOUS BUILDS

D | PANT LENGTH - INSIDE LEG

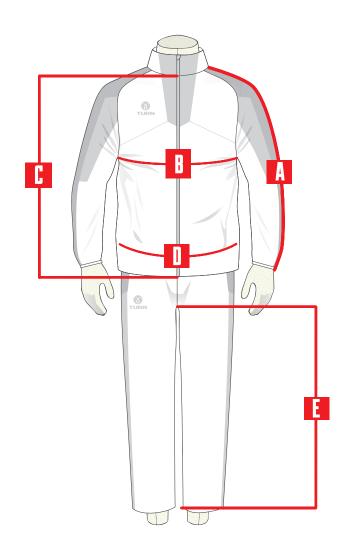
MEASURE THE LENGTH FROM YOUR GUSSET ALL THE WAY DOWN TO THE FLOOR. COMBINE THIS LENGTH WITH YOUR WAIST MEASUREMENT TO FIGURE OUT YOUR PANT SIZE. SLENDER BUILDS SHOULD FOCUS MORE ON INSIDE LEG LENGTH, STOCKIER BUILDS FOCUS MORE ON WAIST

E | SHORTS LENGTH

NO SIZING REQUIRED HERE, JUST A WAY FOR YOU TO CHECK HOW LONG THE SHORTS WILL BE WHEN YOU CHOOSE A CERTAIN WAIST MEASUREMENT

				JUNIO	R / BOY'	S SIZES		SENIOR / ADULT SIZES							
			XS	SM	MD	LG	XL	XS	SM	MD	LG	XL	2XL	3XL	
TORSO	A	cm in	97-107 38-42	104-114 41-45	112-122 44-48	119-129 47-51	127-137 50-54	135-145 53-57	142-152 56-60	150-160 59-63	157-167 62-66	165-175 65-69	173-183 68-72	180-190 71-75	
CHEST	В	cm in	50-58 20-23	56-64 22-25	61-69 24-27	66-74 26-29	71-79 28-31	79-86 31-34	84-91 33-36	89-97 35-38	94-102 37-40	99-107 39-42	104-112 41-44	109-117 43-46	
WAIST / HIP	С	cm in	54-59 21-23	59-64 23-25	64-69 25-27	69-74 27-29	74-79 29-31	69-74 28-30	74-79 29-31	79-84 31-33	84-89 33-35	89-94 35-37	94-99 37-39	-	
PANT LENGTH	D	cm in	41-46 16-18	46-51 18-20	51-56 20-22	56-61 22-24	61-66 24-26	64-69 25-27	69-74 27-29	74-79 29-31	79-84 31-33	84-89 33-35	89-94 35-37	-	
SHORTS LENGTH	E	cm in	22.5 8.8	23.5 9.2	24.5 10.6	25.5 10.0	26.5 10.4	27.5 10.8	28.5 11.2	29.5 11.6	30.5 12.0	31.5 12.4	32.5 12.8	-	





A | SLEEVE LENGTH

TIME TO GRAB YOUR FAVORITE JACKET! LAY IT FLAT AND MEASURE THE SLEEVE LENGTH, STARTING FROM THE TOP OF THE SHOULDER WHERE THE COLLAR MEETS THE TORSO AND MEASURE THE LENGTH ALL THE WAY DOWN TO THE END OF THE CUFF

B JACKET WIDTH

AGAIN, USING YOUR FAVORITE JACKET, LAY IT FLAT AND MEASURE THE WIDTH OF THE JACKET, FROM ARM PIT TO ARM PIT. THIS WILL GIVE YOU YOUR CHEST MEASUREMENT

C | JACKET LENGTH

NOW MEASURE THE LENGTH OF THE CENTER FRONT ZIP, NOT INCLUDING THE COLLAR. NOTE THAT OUR JACKETS ALL HAVE A DROP CURVED BACK SO ARE SLIGHTLY LONGER IN THE BACK TO ENSURE WHEN SITTING THE LOWER BACK REMAINS COVERED

D | PANT WAIST

NOW IT'S TIME TO GRAB A PAIR OF PANTS THAT FIT YOU PERFECTLY. ALL OF OUR PANTS HAVE ELASTICATED WAISTBANDS AND DRAWSTRINGS SO THERE IS FLEXIBILITY WITH THIS MEASUREMENT. MEASURE THE WIDTH OF THE UNSTRETCHED WAISTBAND.

E | PANT LENGTH

WITH YOUR FAVORITE PANTS LAID FLAT, MEASURE THE INSIDE CROTCH ALL THE WAY DOWN TO THE LEG OPENING AT THE BOTTOM. THIS WILL GET YOU YOUR INSIDE LEG LENGTH.

				JUNIOF	R / BOY'	S SIZES		SENIOR / ADULT SIZES						
			XS	SM	MD	LG	XL	XS	SM	MD	LG	XL	2XL	
SLEEVE LENGTH	A	cm in	56 21.5	59 23	62 24.5	66 26	70 27.5	78.5 30.5	80.0 31	80 31.5	81.5 32	83 32.5	84.5 33	
JACKET WIDTH	В	cm in	39 15.4	41.5 16.3	44 17.3	47 18.5	50 19.7	51 20.0	54 21.2	57 22.4	60 23.6	63 24.8	66 26.0	
JACKET LENGTH	С	cm in	50 19.6	53 20.8	56 22.0	60 23.6	64 25.2	70 27.5	72 28.3	74 29.1	76 29.9	78 30.7	80 31.5	
PANT WAIST	D	cm in	23 9.0	25 9.8	27 10.6	29 11.4	31 12.2	29 11.4	32 12.6	35 13.8	38 15.0	41 16.2	44 17.4	
PANT LENGTH	Е	cm in	54 21.5	58 23.0	62 24.5	66 26.0	70 27.5	70 27.5	72.5 28.5	75 29.5	77.5 30.5	80 31.5	82.5 32.5	