

A | CHEST

MEASURED JUST BELOW THE ARMPITS; TAKE THE ENTIRE CIRCUMFERENCE OF THE CHEST, TAKING A SHORT BREATH AND ARMS DOWN. IF YOUR A STOCKIER GYMNAST WE RECOMMEND YOU BASE YOUR LEOTARD SIZE MAINLY FROM THIS MEASUREMENT

B | WAIST

WRAP THE TAPE MEASURE AROUND YOUR HIP AT THE POINT WHERE THE WAISTBAND ON YOUR SHORTS OR PANTS WILL BE WHEN WORN; MEASURE THE ENTIRE CIRCUMFERENCE.

c | TORSO

TO MEASURE THE TORSO, START FROM THE TOP OF THE SHOULDER WHERE LEOTARD STRAP WOULD SIT AND DOWN THROUGH THE GUSSET BETWEEN THE LEGS AND UP OVER THE BACK TO CREATE AN ENTIRE TORSO LOOP. IF YOU'RE A TALLER THAN AVERAGE GYMNAST, WE RECOMMEND YOU BASE YOUR LEOTARD SIZE MAINLY FROM THIS MEASUREMENT

			JUNIOR / GIRLS SIZES						
			SM("24)	MD("26)	LG("28)	XL("30)			
CHEST	Α	cm in	56-61 22-24	59-66 23-26	61-71 24-28	66-76 26-30			
WAIST	В	cm in	40-45 16-18	45-50 18-20	50-55 20-22	55-60 22-24			
TORSO	С	cm in	92-97 36-38	97-107 38-42	102-112 40-44	107-117 42-46			

			SENIOR / ADULT SIZES							
			XS("32)	SM("34)	MD("36)	LG("38)	XL("40)			
CHEST	Α	cm in	71-81 28-32	78-86 32-34	86-92 34-36	92-98 36-38	98-102 38-40			
WAIST	В	cm in	60-65 24-26	65-70 26-28	70-75 28-30	75-80 30-32	80-85 32-34			
TORSO	С	cm in	117-127 46-48	125-132 48-52	132-144 52-56	138-152 56-60	152-162 60-64			